



# F & F

FOOD MENU



# Tapas




£24.95

## AFTERNOONS *at* FOX

### Four Tapas & Two Glasses of Wine or Beer

*Available Monday to Friday - 2pm to 5pm*

Tapas marked with the fox  are included in the tapas offer available Monday to Friday - 2pm to 5pm

\*Drinks Included: 175ml House Red, White or Rose Wine, Half of draught Estrella Damm or Small Draught Soft Drink

## SEAFOOD *Tapas*

### Crispy Baby Squid - 6.95

Baby squid, coated in a salt & chilli crisp, served with a lemon aioli.

### Mussels - 6.95

Cooked in garlic & white wine or a spicy chorizo & tomato sauce.

### Fish Cakes - 7.95

Salmon, cod & haddock with spring onion, red onion, red roasted pepper & creamy manchego mash, coated in a crispy chilli breadcrumb, served with a sweet chilli dipping sauce.

### Haddock Goujons - 6.45

Served with a tartar sauce.

### King Prawns - 7.95

Butterfly king prawns cooked in a garlic & chilli herb butter.

### King Prawn Tempura - 6.95

Tempura king prawns served with a sweet chilli dipping sauce.

### Sea Bass & Sunshine Green Beans - 8.95

Seabass fillet on a bed of sunshine green beans.

### Katsu King Prawns - 8.95

Breaded king prawns, served with a Katsu curry sauce & mini prawn crackers.

## MEAT *Tapas*

### Meatballs - 7.45

Spicy Lamb & beef mince, with diced onions, fresh basil & a hint of chilli. Served in a tomato sauce, topped with parmesan shavings.

### Patatas Bravas with Chorizo - 6.95

Diced garlic & herb potatoes with chorizo in a spicy tomato sauce. Can also be served without chorizo, please specify when ordering. (Gluten Free with no Chorizo)

### Honey Chilli Chicken - 7.45

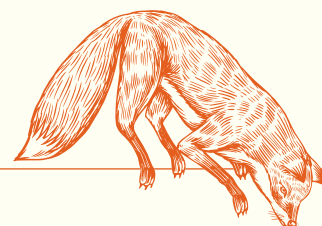
Lightly battered fresh chicken with a sticky honey & soy glaze topped with chilli & spring onion.

### Thai Chicken Satay Skewers - 8.95

Chicken skewers marinated with chilli, garlic, soy & thyme, served with homemade satay sauce & finished with sesame seeds.

### Paella - 8.95

A traditional Spanish dish with chicken, prawns, mussels, squid & chorizo. (Gluten Free with no Chorizo)



## VEGETABLE *Tapas*

### Halloumi Fries - 6.45

Breaded Halloumi topped with spring onion & pomegranate.

### Patatas Con Espinacas - 6.95

Garlic herb diced potatoes, with onions & spinach.

### Padron Peppers - 5.95

Pan-fried padron peppers, cooked in garlic oil & finished with salt.

### Vegetarian Paella - 6.95

A vegetarian take on a traditional Spanish dish. Spicy rice with aubergine, courgette, onions & peppers.

### Greek Salad - 5.95

A traditional Greek salad of tomato, cucumber, red onion, olives & feta cheese.

### Asian Sticky Beef - 9.95

Crispy Asian sweet & sticky beef, finished with spring onion, pomegranate & sesame seeds.

### 12 Hour Belly Pork - 7.95

Slow roasted crispy belly pork, served with either a creamy blue cheese sauce or a garlic, sage & white wine sauce.

### Lamb Kofta - 7.95

2 Lamb Kofta skewers, served with tzatiki, pickled red cabbage & pitta bread.

### Crispy Duck Pancakes - 8.95

Crispy shredded duck, served with pancakes, cucumber & a hoisin dip.

### Mac & Cheese Chorizo - 7.45

A Spanish twist on mac & cheese, topped with a herb crumb.

### Sticky Ribs - 7.45

Honey chilli sticky ribs. 12 hours marinated & slow cooked. Finished with spring onions, cucumber & sesame.

### Mac & Cheese - 6.95

Goey mac & cheese, topped with a herb crumb.

### Bang Bang Broccoli - 6.95

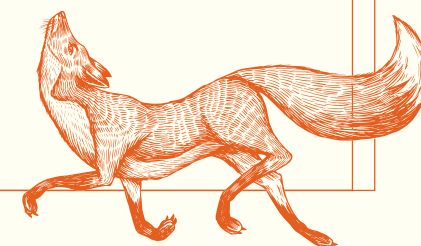
Crispy tempura broccoli, sweet & spicy, tossed in sesame & spring onions.

### Mushroom Paella - 7.95

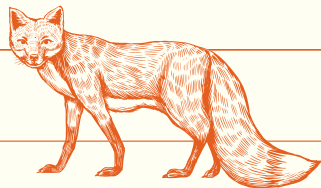
Wild mushroom paella, finished with parmesan & truffle oil.

### Sunshine Green Beans - 6.45

Pan fried green beans, tossed in chilli & garlic, finished with a soy honey glaze.



# Tacos



## Fish Tacos - 13.95

Cajun, lemon & herb marinated haddock, red cabbage, pomegranate, Pico de Gallo, & spicy fox dressing.  
Served on a soft white tacos, with your choice of twice cooked chips or skinny fries.

## Steak Tacos - 16.95

Slice 5oz bistro rump steak, rocket, pink radish, pomegranate, spring onions & chimichurri sauce.  
Served on a soft white tacos, with your choice of twice cooked chips or skinny fries.

## Monkfish & Prawn Tacos - 16.95

Cajun, lemon & herb marinated monkfish & prawns, mango salsa, pink radish, pomegranate, spring onions, pickled red cabbage & spicy fox dressing.  
Served on a soft white tacos, with your choice of twice cooked chips or skinny fries.

## Halloumi Tacos - 13.95

Grilled halloumi, mango salsa, pink radish, pomegranate, spring onions & spicy fox dressing.  
Served on a soft white tacos, with your choice of twice cooked chips or skinny fries.

# Sides

## Twice Cooked Chips - 3.50

## Skinny Fries -3.50

**Sweet Potato Fries - 4.95**  
Topped with feta, honey & spring onion

**Salt & Chilli Twice Cooked Chips - 4.95**

## Bread & Aioli - 3.50

## Hummus & Pitta - 4.95

## Marinated Olives - 3.95

## Mixed Salad - 3.95

# Sandwiches

*Served from 12 - 4pm*

## Fish Finger Sandwich - 8.95

Panko breaded haddock goujons served in white bread with a side of tartar sauce.  
With skinny fries or twice cooked chips

## Falafel & Halloumi Wrap - 8.95

Falafel with pan fried halloumi, hummus, salad & a mint & yoghurt dressing.  
With skinny fries or twice cooked chips.

## Tuna Melt - 7.95

Served with red onions & melted cheddar cheese in toasted ciabatta. With skinny fries or twice cooked chips.

## Ham & Cheese Toastie - 7.95

Served with red onion chutney & skinny fries or twice cooked chips.

# Platters

## Steak Platter - 16.95

Sliced 8oz Bistro rump steak, seasoned & cooked to your liking. Served with twice cooked chips, coleslaw, salad, pitta bread & your choice of peppercorn sauce or foxy spicy mayo.  
**Add** garlic butter prawns for £4

## Mediterranean Platter - 13.95

Olives, halloumi, falafel, hummus, Greek salad & pitta bread.

## Fish Platter - 16.95

Haddock Goujons, Tempura Prawns, Baby Squid, Mussel for your choice.  
Served with skinny fries & dips.

## Buttermilk Chicken Platter - 14.95

Succulent buttermilk chicken tenders. Served with skinny fries, coleslaw, salad, pitta bread & dips.

# Burgers

## Veggie Finch Burger - 11.95

Our garden gourmet burger is fully plant based & topped with vegan cheese, gherkins, tomatoes, baby gem lettuce & crispy onions. Served in a vegan brioche bun with your choice of twice cooked chips or skinny fries.

## Meaty Fox Burger - 11.95

6oz Aberdeen Angus beef burger, topped with cheddar cheese, gherkins, tomatoes, baby gem lettuce & onion strings. Served in a brioche bun with your choice of twice cooked chips or skinny fries.

## Honey Chilli Chicken Burger - 12.95

Breaded butterfly chicken breast, finished with honey & soy infused glaze, topped with fresh chilli & sesame seeds. Served in a sesame brioche bun with your choice of twice cooked chips or skinny fries.

## Surf & Turf Burger - 15.95

6oz Aberdeen Angus beef burger, topped with strips of steak, cheese, tomato, baby gem, red onion & a battered king prawn. Served in a sesame brioche bun with your choice of twice cooked or skinny fries.

## Buttermilk Chicken Burger - 12.95

Succulent Buttermilk chicken, bacon, cheese, baby gem lettuce, beef tomato & red onion.  
Served in a sesame brioche bun, with your choice of twice cooked chips or skinny fries.

# Desserts

## Cheesecake - 6.95

Ask your server for todays selection.

## Buttermilk Pancakes - 7.45

Blueberries & honey / Nutella & strawberries / Biscoff & fresh fruit

## Triple Chocolate Brownie - 5.95

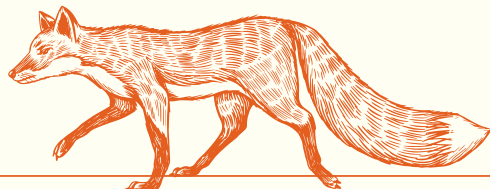
Served with vanilla ice cream.

## Churros - 5.95

Served hot, with chocolate dipping sauce.

## Sticky Toffee Pudding - 4.95

Served with vanilla ice cream.



= Vegan   = Vegetarian   = Gluten free   = Can be made gluten free   = Sesame   = Nuts

Although we try our best to minimise cross contamination, we cannot guarantee that there has been no accidental cross over. For this reason, our dishes may not be suitable for those with severe allergies or strict dietary requirements. Please speak with a member of staff before ordering.



**F & F**

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