

ΤΑΡΑ

SERVING TIMES :- MON-THUR 12:15 - 8:30 FRI 12:15 - 7:30 SAT 12:15 - 6:00 SUN 1:15 - 5:00

FOUR TAPAS & TWO **GLASSES OF WINE OR BEER**

$\pounds 22.95$

Tapas marked with the finch 🦼 are included in the tapas offer available Monday to Friday *Drinks Included:- 175ml House Red, White or Rose Wine, Bottle of Estrella Damm or Small Draught Soft Drink

🮯 = Vegan 🛛 🚯 = Vegetarian 🛛 🐠 = Can be made gluten free.

MEAT



Meatballs £6.95

Spicy Lamb & beef mince, with diced onions, fresh basil & a hint of chilli. Served in a tomato sauce, topped with parmesan shavings.



Patatas Bravas with Chorizo £5.95 @

Diced garlic & herb potatoes with chorizo in a spicy tomato sauce. Can also be served without chorizo, please specify when ordering.



Honey Chilli Chicken £6.95

Lightly battered fresh chicken with a sticky honey glaze topped with chilli & spring onion.

Slow Cooked Beef Shin £7.95 ()

24 hour slow cooked shin of beef served with creamy mash & finished with a red wine jus & carrots crisps.

Thai Chicken Satay Skewers £6.95

Chicken skewers marinated with chilli, garlic, soy & thyme, served with homemade satay sauce & finished with sesame seeds.

Paella £7.95 🐠

A traditional Spanish dish with chicken, prawns, mussels, squid & chorizo.

Asian Sticky Beef £7.95

Crispy Asian sweet & sticky beef, finished with spring onion, pomegranate & sesame seeds.

Black pudding Croquettes £6.95 Black Pudding, manchego & pancetta croquettes, served on an apple puree.

12 Hour Belly Pork £7.95

Slow roasted crispy belly pork, served with either a creamy blue cheese sauce or creamy garlic butter beans.

Lamb Kofta F7.95

2 Lamb Kofta skewers, served with tzatiki, pickled red cabbage & pitta bread.

Some of our dishes may contain nuts, please advise your server of any allergies that you may have prior to ordering.

SEAFOOD



$Crispy\ Fried\ Purple\ Baby\ Squid\ {\tt ± 6.95}$ Baby squid, coated in a salt & chilli crisp, served with a lemon aioli.

Mussels £6.95 @ Cooked in garlic & white wine or a spicy chorizo & tomato sauce.

Fish Cakes £6.95

Salmon, cod & haddock with spring onion, red onion, red roasted pepper & creamy manchego mash, coated in a crispy chilli breadcrumb, served with a sweet chilli dipping sauce.

Haddock Goujons £5.95 Served with a tartar sauce.

King Prawns £7.95 (1) Butterfly king prawns cooked in a garlic & chilli herb butter.

Monkfish & Halloumi Skewers £7.95

Roasted monkfish, halloumi & chorizo skewers, on a bed of curried lentils, topped with a mint & yoghurt drizzle.

Scallops £9.95

Served with pea puree, black pudding & pancetta.

King Prawn Tempura £6.95 Tempura king prawns served with a sweet chilli dipping sauce.

VEGETABLE

Halloumi Fries £5.95 Breaded Halloumi topped with spring onion & pomegranate.



Patatas Con Espinacas £5.95 (1) (3) Garlic herb diced potatoes, with onions & spinach.

Padron Peppers £5.95 (1) (2) Pan-fried padron peppers, cooked in garlic oil & finished with salt.

Vegetarian Paella £5.95 (*) (*) A vegetarian take on a traditional Spanish dish.

Spicy rice with aubergine, courgette, onions & peppers.



Five Bean Chilli £5.95 (without toritillas) 🥪 Served with crispy tortilla chips.

Greek Salad £4.95 @

A traditional Greek salad of tomato, cucumber, red onion, olives & feta cheese.



Curried Roasted Cauliflower £5.95 () Roasted curried cauliflower, served with a curry aioli.

MAINS



Fish Quay Fish Cakes £10.95 Locally sourced salmon, cod & haddock with spring onion, red onion, red roasted pepper & creamy manchego mash, coated in a crispy chilli breadcrumb, served with a salad garnish, sweet chilli dipping sauce & your choice of either skinny fries or twice cooked chips.

Fish Tacos £11.95

Cajun lemon & herb marinated haddock, red cabbage, pomegranate, tomato & red onion salsa, spicy fox dressing served on a soft white taco, with your choice of twice cooked or skinny fries.

Monkfish & Halloumi Skewers £15.95

Roasted monkfish, halloumi & chorizo skewers, with sauteed tomatoes & spinach. on a bed of curried lentils & cauliflower, with a mint & yoghurt drizzle.

 $Scampi ~ \pm 11.95$ Served with tartar sauce, garden peas & a choice of twice cooked chips or skinny fries.

Steak Platter £16.95 (GF with no pitta)

Bistro cut 8oz rump steak seasoned & cooked to your liking. Served with twice cooked chips, coleslaw, salad, pittas, & your choice of peppercorn sauce or foxy spicy mayo. Add garlic prawns for £3.

Slow Roasted Belly Pork £14.95

12 hour roasted belly pork, on a bed of creamy garlic butter beans, served with black pudding croquettes.

Slow Cooked Beef Shin £14.95

24 hour slow cooked shin of beef served with creamy mash & finished with a red wine jus & carrots crisps.

Mediterranean Platter £10.95

A vegetarian platter of olives, halloumi, falafel, hummus, Greek salad & pitta bread.

Buddha Bowl £9.95 () ()

Curried roasted cauliflower, curried lentils, diced potato with onions & spinach, pickled cabbage, topped with sesame seeds.

BURGERS

Veggie Finch Burger £10.95 Our garden gourmet burger is fully plant based & topped with vegan cheese, gherkins, tomatoes, baby gem lettuce & crispy onions. Served in a vegan brioche bun with your choice of twice cooked chips or skinny fries.

602 Aberdeen Angus beef burger, topped with cheddar cheese, gherkins, tomatoes, baby gem lettuce & onion strings. Served in a brioche bun with your choice of twice cooked chips or skinny fries.

 $Honey\ Chilli\ Chicken\ Burger\ {\tt \pm 11.95}$ Breaded butterfly chicken breast, finished with honey & soy infused glaze, topped with fresh chilli & sesame seeds. Served in a sesame brioche bun with your choice of twice cooked chips or skinny fries.

60z Aberdeen Angus beef burger, topped with strips of beef, cheese, tomato, baby gem, red onion & a battered king prawn. Served in a sesame brioche bun with your choice of twice cooked or skinny fries.



Lamb Kofta Burger £12.95

6oz lamb burger, topped with baby gem, pickled red cabbage, tzatziki & feta cheese, served in a sesame brioche bun, with your choice of twice cooked chips or skinny fries.

SIDES

Twice Cooked Chips £2.95 Skinny Fries £2.95 Sweet Potato Fries £3.95 Topped with feta Salt & Chilli Twice Cooked Chips £3.95 Bread & Aioli £2.50 Hummus & Pitta £3.95 Marinated Olives £3.95 Mixed Salad £3.00

SANDWICHES

Served from 12 - 4pm

Steak Baguette £9.95 Bistro rump steak, served on a bed of rocket with red onion chutney. With skinny fries or twice cooked chips.

 $Fish\ Finger\ Sandwich\ {\scriptstyle \pm 7.95}$ Panko breaded haddock goujons served in white bread with a side of tartar sauce. With skinny fries or twice cooked chips

Falafel & Halloumi Wrap £7.95 ()

Falafel with pan fried halloumi, hummus, salad & a mint & yoghurt dressing. With skinny fries or twice cooked chips.

Tuna Melt F6.95 Served with red onions & melted cheddar cheese in toasted ciabatta. With skinny fries or twice cooked chips.

Ham & Cheese Toastie £6.95

Served with red onion chutney & skinny fries or twice cooked chips.

DESSERTS

Triple Chocolate Brownie £5.95 Served with vanilla ice cream.

Churros £5.95 Served hot, with chocolate dipping sauce.

Sticky Toffee Pudding £4.95 Served with vanilla ice cream.

> Sorbet £4.95 Please ask for today's flavour.

Vegan Madagascan Vanilla Ice Cream £4.95 Served with fresh fruit.

